A Fine Time with Wine

The wine-tasting on March 22 sponsored by SVWC’s Fellowship Committee for Special Events was a major social and financial success. An estimated crowd of 200 imbibers crowded the Commons and the Abbey. They included residents, future residents, Board trustees, staff, and non-residents. Ticket sales raised $17,000 for the Fellowship Fund.

The wines were poured by Kysela Pere et Fils, Ltd. of Winchester. Twelve different wines from three countries were available to be sampled and purchased.

A silent auction offered some top-notch prizes, such as adventurous excursions, jewelry, events, services, and hand-made items. A popular wine pull gave contestants a chance to pull a numbered cork and choose a bottle of wine for $10. Another popular challenge involved guessing the number of corks in a decorative glass vase. Residents J.D. and Nancy Berlin guessed the correct number: 457.

The Dining Services staff shone in a supporting role by providing a sumptuous selection of heavy hors d’oeuvres and desserts. The Marketing, Maintenance and Housekeeping departments also contributed substantially to the evening’s enjoyment.

Todd Lilley
From the President/CEO

After a long, cold winter, everyone is happy to see signs of spring around the campus. There is nothing more beautiful than the daffodils blooming on the hillside outside Lawrence Hall. Awnings are going back up in the various courtyards and patio furniture is being taken out of storage. Residents are starting to work on their garden plots, and the dining team has already started its plantings in the greenhouse.

As usual, there is a lot of activity on campus. Renovations (new lighting, paint, equipment, and flooring) started in the satellite kitchen on March 19. It is anticipated that the work will take four to six weeks. We realize it is an inconvenience to residents, and we appreciate everyone’s patience during this time.

On April 6, SVWC will host the Shenandoah Area Agency on Aging 16th Annual Generations Walkathon.

The annual Easter Egg Hunt is Saturday, April 13, for children and grandchildren of residents and staff. The Easter Bunny will make a special appearance.

On Thursday, May 2, SVWC will again host the Shenandoah Apple Blossom Festival's Breakfast Walk.

Administration will continue to work closely with the Board of Trustees to develop a new Master Site Plan for our community. We hope to complete this work soon so that decisions can be made to make our community even stronger. More information will be provided as the feasibility studies and plans are finalized.

Jeannie Shiley

SVWC’s Fifth Centenarian

Ellen Ford celebrated her 100th birthday last month. Born in New York, Ellen grew up in Detroit before spending 30 plus years in Arlington, VA. She attended Cornell University, and later enrolled in graduate studies at Boston’s Simmons College and the Navy post-graduate school in Monterey, CA.

Ellen joined the U.S. Navy WAVES in 1942 and was among the first group of female officers in its Supply Corps. In 1949, she joined the regular U.S. Navy and attained the rank of commander.

Following her retirement, she visited “all seven continents.” In addition to travel, she has enjoyed the theater, concerts, museums, bridge, and crossword puzzles.

Edward Rider

Spring Cleaners

L to R: Jimmie Harp, Skip Bowling, Jim Anderson and Herb Eppinger

A group of volunteers recently reorganized the garden shed, removed trash and installed new shelves. Frank Baxter, Mike and Annette Masnik and Bill Cook also helped.
Indoor Games

Photo by Peggy Jackson

Photo by Peggy Jackson

Photo by Bill Cook

Photo by Peggy Jackson
Fireside Recital To Showcase Chamber Music

SVWC’s free Fireside Recital Series continues on Wednesday, April 3, at 7:30 p.m. in the Bistro. It will feature traditional pieces and a new composition for chamber music. All the musicians are students of Doris Lederer, Director of Chamber Music and Viola at Shenandoah University. In 2015, she received the Outstanding String Teacher Award given by the Virginia String Teachers Association.

The Almalthea Quartet will play “Regs” (Dance”) recently composed by Franghiz Ali-Zadeh, an Azerbaijani woman best known for her works that combine the musical tradition of the Azerbaijani and the 20th Century Western compositional techniques.

Amalthea musicians are Mary Wynn Wilson, Colleen Bennett, Elizabeth Knaub, and Devin Jones. The quartet was chosen to perform at the Shenandoah Conservatory Honors Chamber Music Recitals and for its new music EDGE Ensemble which features cutting edge repertoire. On March 2, it performed “Regs” for the Kronos Quartet Masterclass in Washington, D.C. presented by the Washington Performing Arts Society as part of the Kronos “Fifty for the Future” project.

Craig Morgan, Kyle Alperstein and Rowan Abshiresims will offer a sonata by J.S. Bach. Juliana Benson, Jonathan Toomer, Ucee Nwachjkwu, and Kyle Alperstein will play Mendelssohn’s “The Storm.” Caeley Niess, David Humberton and Brendan McCrowell will perform Bart Howard’s “Fly Me to the Moon” and Hoagy Carmichael’s “Stardust.”

Other students will also perform, including Madison Clark, Laura O’Konski, Ilgin Secerli, and Danielle Angeloni, who will close the program with some of Gabriel Faure’s music.

Rosalind Bovey

Two Bistro Concerts in April

April 12 - Violin and Double Bass

Peter Wilson and Aaron Clay, soloists with “The President’s Own” Marine Corps Band, will return to the Bistro on April 12 to bridge the gap between short and long strings. These Marines are outstanding musicians.

The duo has performed to enthusiastic audiences at SVWC, in the White House and at the Kennedy Center. The Washington Post music critic raved that they demonstrated “superior arrangements and uncommon musicianship” and “showering virtuosity.”

They succeed by arranging favorite folk songs, patriotic standards, sound tracks from movies, jazz classics, and more. The violin and bass dance and whirl around each other. They slip in a musical joke. It is delightful entertainment.

April 26 – Jonathan Snowden, Flute

Jonathan Snowden, one of the world’s most acclaimed flute players, will return on April 26 with his wife Su to explore the history of the flute.

Snowden’s program will draw from his own career as a performing and recorded soloist and orchestral player. In addition to serving as principal flutist for London’s four leading orchestras, he has played for numerous major film soundtracks and as soloist with major orchestras all over the world.

To illustrate the evolution of this lively instrument, Snowden will play works from the Baroque to today and perform selections from shows, TV programs and film soundtracks in which he has played. His film credits include Phantom of the Opera, City Life, Pride and Prejudice, Titanic, Aladdin, and Mr. Holland’s Opus.

Admission is $10. The concerts begin at 7:30 p.m. The series is sponsored by Union Bank & Trust. The concerts aid the Fellowship Fund.

On May 17, an early music consort, Corda Nova, returns to diversify the Bistro Concert offerings.

Bob Sherwood
April Library Acquisitions

FICTION

Never Tell (Large Print)  
Lisa Gardner

The River  
Peter Heller

An Anonymous Girl  
Greer Hendricks and Sarah Pekkanen

The Lost Girls of Paris  
Pam Jenoff

The Lost Vintage (LP)  
Ann Mah

The Silent Patient  
Alex Michaelides

The Chef  
James Patterson

At the Wolf’s Table  
Rosella Postorino

The Huntress  
Kate Quinn

Connections in Death  
J. D. Robb

La’s Orchestra Saves the World  
Alexander McCall Smith

American Spy  
Lauren Wilkinson

NONFICTION

Timefulness  
Marcia Bjornerud

The Art of Dying Well  
Katy Butler

Mama’s Last Hug  
Frans de Waal

Say Nothing (LP)  
Patrick R. Keefe

Maid  
Stephanie Land

Why Religion? (LP)  
Elaine Pagels

More Dining Staff Changes

Faith Madison, who previously served as Dining Service’s Front of the House supervisor, has been appointed a Diet Aide Supervisor in Health Care and Assisted Living. Faith joined the SVWC staff in 2017 as a Bistro server.

A native of Baltimore, Faith grew up in Paw Paw, WV. She lives in Bunker Hill, WV, with her husband and two dogs, and she enjoys outdoor activities.

Makayla Gloyd, former manager of the Canterbury Café, replaces Faith. She will be working with Mike Hoffman to manage and supervise the Main Dining Room, Bistro, Tavern, and Canterbury Café. She has three years of experience working in food service.

Makayla resides in Hedgesville, WV, with her King Corso puppy. She is getting married in September.

Edward Rider

Chaplain’s Message

During the season of Lent, I like to read books that encourage me to take inventory of my life, my ministry and my purpose. One I have read several times is Henry Nouwen’s Life of the Beloved. Taking words from the Last Supper, Nouwen shows us how, as Jesus took, blessed, broke and gave the bread, He also was taken, blessed, broken and given for us. He then asks if we too can be taken, blessed, broken and given for him. The question I have to ask is “Am I willing to do this?”

I believe that, in our baptisms, we offer ourselves for this very mission/ministry in life. We are called to fully place ourselves on the table of God’s love to be chosen/taken, blessed, broken, and given for others. To be chosen/taken by God is to devote our whole selves for God’s purposes. That is a tall order. I believe we spend our whole lives climbing back on that table of offering and service. Society calls us to walk away from the table so easily to seek our own agendas, pleasures and way.

Yet, each year, especially during Lent, I come to realize the ways and reasons I have stepped away from that calling. And, each year, I reclaim my chosen status by again offering confession and repentance and climbing back on the table so that God may bless my feeble efforts, break me open with His love and grace and give me to the world in service.

As you make this Lenten journey again, I invite you to reclaim your chosen status in God, and commit anew to allow God to work His purpose in your life.

Elizabeth Lewis

Makayla (L) and Faith (R)
Residents Association Elections Slated for May

At its annual meeting on May 13, SVWC’s Residents Association elections will be held for president, vice-president and three members-at-large.

A new president will be elected for a one-year term and, if desired, the winner may run for another one-year term. Following the resignation of the previous vice-president, the current vice-president is completing the second year of that term. She is eligible to run for that office for an additional year or may enter the competition for president.

The treasurer is elected for two years and may be elected to additional two-year terms. The incumbent is serving the first year of her term so no election will be held for that post. Like the treasurer, the secretary is elected for a two-year term and may be elected to additional two-year terms. The current secretary is completing her first year and the next election to that position will be held in 2020.

There are seven members-at-large, and they are elected for two-year staggered terms. This year, three new members will be elected.

Additionally, at the Executive Committee meeting on May 6 the committee will elect two new representatives to the Trustee Property and Planning Committee and its subcommittee, the Interior Design Committee. These positions are for three-year terms and rotate among Shenandoah and Winchester Halls and the cottages. This year, it is the turn of the cottages to provide candidates.

A detailed description of the duties for each position was contained in a brochure recently distributed to all residents. Those interested in becoming a candidate for any position should contact Residents Association President Gina Hammond, x744.

New Lawrence Gallery Exhibit

On March 15, a large crowd attended the Lawrence Gallery opening reception for an exhibit of the art of the late Bill Whiting. He was well known for capturing the bucolic scenes and landscape colors of the Shenandoah and Piedmont areas.

Bill was born in 1950 and graduated from Clarke County High School in 1968. He dabbed in painting in school and later at the University of Virginia, where he earned an art minor. Self-taught with little formal training, Whiting often worked on 10 or more pieces at a time, adding a feature to the scene while working into the early morning hours in his home studio. His former wife estimates that he produced more than 1,000 paintings in his lifetime.

Whiting’s paintings have been exhibited in numerous galleries and art shows, such as The Barns at Rose Hill, The Art at the Mill, Longview Gallery, and Oatlands. He died in 2009. The Lawrence Gallery exhibit will run until May 6, and many of the paintings are for sale.

Kitty Zuckerman

Shred Day

The annual Shred Day at SVWC will be held on Friday, April 19, from 11 a.m. to 1 p.m. A shred truck will be located next to the Vitality Center. No need to remove staples. Call x918 for assistance or for pickup of paper to be shredded.
2018 History Published

The History Committee's 2018 History, *Life Is A Garden*, is now available for sale in the Gift Shop and at various sales events. The $10.00 per copy donation benefits the Fellowship Fund and can be paid by cash, check, resident charge, or, in the Gift Shop only, by credit card. Featured are the many beautiful gardens to be found throughout the campus, including the History of Residents' Garden Plots, Gardener Comments and a gorgeous Photo Collage section. The Pond Project and Kitchen Renovations are also highlighted. Resident and Staff Memories (1999-2001) provide insights from the past. Various Resident Activities sections, as well as Resident and Staff Reports provide information on 2018 accomplishments with many photos to complement the articles.

*Barbara Chaplin*

SVWC's Monarch Butterfly Project

Some SVWC residents are joining efforts across the U.S. to conserve the Monarch butterfly population. The ultimate goal is for SVWC to become a certified Monarch waystation. The endangered Monarch is the flagship species for conservation.

Female Monarchs lay eggs on milkweed host plants because their caterpillars eat only milkweed. At a meeting in September of Mother Nature's Team, approval was given to ask interested residents to buy milkweed plants for $10.00. Ten residents in the cottages and 10 in apartments bought plants and took care of them until mid-October, when all were taken to the Greenhouse for a night. The next day, the plants were moved to the residents' garden, where they were pruned and planted in their pots.

On March 7, before a large number of residents in the Abbey, naturalist Marie Majaron gave a presentation on the Monarch and volunteered to show individual residents how to tag Monarchs. A Monarch Watch-tagging Program is being initiated to help understand the dynamics of the Monarchs' spectacular fall migration through mark and recapture.

An enlarged map of SVWC property will be set up in the pool overlook area. It will be used to chart Monarch sighting by residents. Sightings should be reported to Frank Baxter or Skip Bowling, x730, who will in turn notify MonarchWatch.com. Details of each sighting will then be noted on the map.

*Farley Massey*

Arbor Day Activities

SVWC's annual Arbor Day observance is moving to a new location. Instead of Winchester Green, this year's festivities organized by Mother Nature's Team will be held at the pond on Friday, April 26, at 1:00 p.m. Attendees can help plant a tree, observe wood being cut for CAP, hear bird calls, check out the new security device, get the latest Monarch butterfly progress report, and learn about ancient plants thriving on SVWC property. Enjoy prizes, refreshments and a beautiful view. In case of rain, the program will move to the Abbey. Transportation from Shenandoah Hall will be provided for non-walkers.

*Sylvia Wilson*
The majestic Monarch