


SUN	MON	TUE	WED	THUR	FRI	SAT
ROOM KEY TA - Abbey		8:30 Mat Yoga (TV Channel 977) 1 10:00 Walmart Grocery Delivery (ELC) 10:30 Chaplain Talks (TV Channel 977) 1:00 Tai Chi (TV Channel 977) 2:00 Seated Chair Yoga (TV Channel 977) 7:30 Movie: "Big" (TV Channel 977)	8:30 Flex & Strength (TV Channel 977) 2 9:30 COFFEE WITH ADMIN (TV- 977) 1:00 Balance Class (TV Channel 977) 2:00 Garden News with Sydney (Channel 977) 7:30 Movie: "The Green Mile" (TV Channel 977)	8:30 Arthritis Exercise (TV Channel 977) 3 10:30 Chaplain Talks (TV Channel 977) 11:30 Short Stories with Amber (TV Channel 977) 1:00 Flex & Strength (TV Channel 977) 4:00 Music Meditation (TV Channel 977) 7:30 Movie: "Balto" (TV Channel 977)	8:30 Mat Yoga (TV Channel 977) 4 9:30 COFFEE WITH ADMIN (TV- 977) 1:00 Balance Class (TV Channel 977) 3:00 Drawing Lesson: Bird (TV Channel 977) 7:30 Movie: "My Sister's Keeper" (TV Channel 977)	2:30 Kentucky Derby on NBC 5 7:30 Movie: "The Booksellers" (TV Channel 977)
4:00 Worship Service (TV Channel 977) 6 7:30 Movie: "Emma" (TV Channel 977)	Labor Day 7 8:30 Arthritis Exercise (TV Channel 977) 10:30 Cooking with Nardia (TV Channel 977) 1:00 Balance Class (TV Channel 977) 3:00 Drawing Lesson: Boat (TV Channel 977) 7:30 Movie: "The Curious Case of Benjamin Button" (TV Channel 977)	8:30 Mat Yoga (TV Channel 977) 8 10:30 Chaplain Talks (TV Channel 977) 1:00 Tai Chi (TV Channel 977) 2:00 Seated Chair Yoga (TV Channel 977) 7:30 Movie: "Father of the Bride" (TV Channel 977)	8:30 Flex & Strength (TV Channel 977) 9 9:30 COFFEE WITH ADMIN (TV- 977) 10:00 Walmart Grocery Delivery (ELC) 1:00 Balance Class (TV Channel 977) 2:00 Garden News with Sydney (Channel 977) 3:00 Paint by Sticker Activity with Gale (TA) 7:30 Movie: "The Wizard of Oz" (TV Channel 977)	8:30 Arthritis Exercise (TV Channel 977) 10 10:30 Chaplain Talks (TV Channel 977) 11:30 Short Stories with Amber (TV Channel 977) 1:00 Flex & Strength (TV Channel 977) 4:00 Music Meditation (TV Channel 977) 7:30 Residents' Program: "Resident Experience" SVWC Presentation for Pioneer Network (TV Channel 977)	8:30 Mat Yoga (TV Channel 977) 11 9:30 COFFEE WITH ADMIN (TV- 977) 12:00 Mystique Group (TA) 1:00 Balance Class (TV Channel 977) 3:00 Drawing Lesson: Pipe (TV Channel 977) 7:30 Movie: "On Golden Pond" (TV Channel 977)	7:30 Movie: "Resistance" (TV Channel 977) 12

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SUN	MON	TUE	WED	THUR	FRI	SAT
4:00 Worship Service (TV Channel 977) 13 7:30 Movie: "The Way We Were" (TV Channel 977)	8:30 Arthritis Exercise (TV Channel 977) 14 10:30 Cooking with Nardia (TV Channel 977) 1:00 Balance Class (TV Channel 977) 3:00 Drawing Lesson: Eyes (Older Man) (TV Channel 977) 7:30 Movie: "Rent" (TV Channel 977)	8:30 Mat Yoga (TV Channel 977) 15 10:00 Walmart Grocery Delivery (ELC) 10:30 Chaplain Talks (TV Channel 977) 1:00 Tai Chi (TV Channel 977) 2:00 Seated Chair Yoga (TV Channel 977) 7:30 Movie: "Airplane" (TV Channel 977)	8:30 Flex & Strength (TV Channel 977) 16 9:30 COFFEE WITH ADMIN (TV- 977) 1:00 Balance Class (TV Channel 977) 2:00 Garden News with Sydney (Channel 977) 7:30 Movie: "A Beautiful Mind" (TV Channel 977)	8:30 Arthritis Exercise (TV Channel 977) 17 10:30 Chaplain Talks (TV Channel 977) 11:30 Short Stories with Amber (TV Channel 977) 1:00 Flex & Strength (TV Channel 977) 4:00 Music Meditation (TV Channel 977) 7:30 Resident Program: "Improving Dementia Support": SVWC Webinar for Pioneer Network (TV Channel 977)	8:30 Mat Yoga (TV Channel 977) 18 9:30 COFFEE WITH ADMIN (TV- 977) 1:00 Balance Class (TV Channel 977) 3:00 Drawing Lesson: Fruit (TV Channel 977) 7:30 Bistro Concert: "Westminster's Got Talent" (Channel 977)	7:30 Movie: "Hopscotch" (TV Channel 977) 19
4:00 Worship Service (TV Channel 977) 20 7:30 Movie: "Stand By Me" (TV Channel 977)	8:30 Arthritis Exercise (TV Channel 977) 21 10:30 Cooking with Nardia (TV Channel 977) 1:00 Balance Class (TV Channel 977) 3:00 Drawing Lesson: Landscape (TV Channel 977) 7:30 Movie: "Finding Vivian Maier" (TV Channel 977)	8:30 Mat Yoga (TV Channel 977) 22 10:30 Chaplain Talks (TV Channel 977) 1:00 Tai Chi (TV Channel 977) 2:00 Seated Chair Yoga (TV Channel 977) 7:30 Movie: "Seven Brides for Seven Brothers" (TV Channel 977)	8:30 Flex & Strength (TV Channel 977) 23 9:30 COFFEE WITH ADMIN (TV- 977) 10:00 Walmart Grocery Delivery (ELC) 1:00 Balance Class (TV Channel 977) 2:00 Garden News with Sydney (Channel 977) 7:30 Movie: "The Sixth Sense" (TV Channel 977)	8:30 Arthritis Exercise (TV Channel 977) 24 10:30 Chaplain Talks (TV Channel 977) 11:30 Short Stories with Amber (TV Channel 977) 1:00 Flex & Strength (TV Channel 977) 4:00 Music Meditation (TV Channel 977) 7:30 Resident Program: Reflections of SVWC and Pioneer Network Presentation (TV Channel 977)	8:30 Mat Yoga (TV Channel 977) 25 9:30 COFFEE WITH ADMIN (TV- 977) 10:30 TV BINGO! (TV Channel 977/Abbey) 1:00 Balance Class (TV Channel 977) 3:00 Drawing Lesson: Maine Lobster Shack (TV Channel 977) 7:30 Movie: "Dream Girls" (TV Channel 977)	7:30 Movie: "The Invisible Man" (TV Channel 977) 26
4:00 Worship Service (TV Channel 977) 27 7:30 Movie: "Cheaper by the Dozen" (TV Channel 977)	8:30 Arthritis Exercise (TV Channel 977) 28 10:30 Cooking with Nardia (TV Channel 977) 1:00 Balance Class (TV Channel 977) 3:00 Drawing Lesson: Lighthouse (TV Channel 977) 7:30 Movie: "Cheaper by the Dozen 2" (TV Channel 977)	8:30 Mat Yoga (TV Channel 977) 29 10:00 Walmart Grocery Delivery (ELC) 10:30 Chaplain Talks (TV Channel 977) 1:00 Tai Chi (TV Channel 977) 2:00 Seated Chair Yoga (TV Channel 977) 7:30 Movie: "Eight Men Out" (TV Channel 977)	8:30 Flex & Strength (TV Channel 977) 30 9:30 COFFEE WITH ADMIN (TV- 977) 1:00 Balance Class (TV Channel 977) 2:00 Garden News with Sydney (Channel 977) 7:30 Movie: "Cast Away" (TV Channel 977)	ROOM KEY TA - Abbey		Pet of the Month "George" Owned by Bill & Marcia Keach

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