
Westbury World

Volume XIV, Number 4

April, 2010

Meet Our New Sous Chef

Traci Porter, our new Sous Chef, is assistant to the executive chef and is second in command of the kitchen. She also supervises the activities of nine additional cooks, making certain that they follow established recipes and that they have the prescribed dishes ready on time.



Traci came to us on February 7, by an interesting route. After graduating in food preparation from Stratford University in Tysons Corner, she opened her own restaurant, the “**Naked Oyster**” on Valley Avenue in Winchester. One of her frequent customers was our Brandon Clark, who was impressed enough with her skills to offer her this position at SVWC. Presently she works Sunday, Monday, Tuesday, Thursday, and Saturday until she is able to increase her hours after selling her restaurant, which she still operates. She is excited to be employed at SVWC, and is looking forward to meeting as many of our residents as possible.

Traci’s family consists of 3-1/2 year old Jacob and her mother who have settled in the Stonebrook area of Winchester. Probably because she doesn't seem to have enough to do, she also takes in abused and abandoned dogs to heal and place in new homes. At the present time she is helping two Yellow Labs and one Welsh Corgi to recover.

Richard Mann

SVWC Is Part of WATTS

SVWC was privileged to be a part of *Winchester Area Temporary Thermal Shelter* (WATTS), an amazing new effort in Winchester to minister to some of the people in our area who are homeless by providing overnight accommodations and meals for 10 weeks this winter. It is headed by an active, 12-member working Board of Directors, with **The Rev. David Witt** from Opequon Presbyterian Church serving as the president. Board members are responsible for finance and administration, host congregations, partner congregations, personnel and supplies. They began with a \$15,000 budget for 8 weeks and were able to extend it for 2 additional weeks. While donations came primarily from churches, individuals and businesses also made contributions.

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Two Guitars in Concert: Classical, Jazz, and Popular

The Bistro Concert on April 16 will feature accomplished guitarists **John Arnold** and **Glenn Caluda** playing a delightful mix of classical, jazz, and popular pieces. Glenn is Associate Professor of Music (Guitar) at Shenandoah University's music conservatory. He and Doug Harrison performed here last fall. John, one of Glenn's former students, now teaches at Moravian College in Bethlehem, Pennsylvania. He was recently given the Alumnus of Excellence Award by Shenandoah University. John played (with Nora Suggs) in a Bistro Concert early last year.

Their program will include two guitar duets from the Renaissance, works by Carulli, Sor, and Gustafson, then jazz and popular numbers. Each will also perform solo pieces. John will present his own composition of miniature pieces depicting the history of the Martin Guitar Company. Doug will join John and Glenn for a few jazz numbers.

Thus far, our 16 Bistro concerts have raised over \$2,500 for our Fellowship Fund. Our last concert drew 98 people and our audiences overall have totaled 1,168 people, of whom 266 have been non-residents.

Invite friends to these concerts. They begin at 7:30 p.m. Admission is \$10 at the door. Enjoy good music and support the Fellowship Fund as we build this series into a well-regarded venue for high quality music.

Robert Sherwood

WATTS from page 1

Eight local churches provided space for one week at a time for the guests to spend the night. Eighteen additional churches assisted in providing evening and morning meals for the guests.

Other organizations who helped make this possible were Habitat for Humanity who transported cots and supplies between host churches weekly, CCAP for being a referral agency, a meeting place, and an all-around incredible partner, and SVWC

that provided all of the linens.

The shelter hosted an average of 16 guests each night, serving a total of 75 different people over the course of the 10 weeks. The maximum capacity for the shelter was 28 at a time. Board chairperson, The Rev. David Witt commented that "people and organizations came out of nowhere to assist and make this mission possible."

Elizabeth Lewis

Audio/Video Update

A new video camera is in place in The Abbey, adding to the total audio and visual capabilities at SVWC. The camera will broadcast *Coffee with Administration* live on Channel 21 each Wednesday morning at 9:30 a.m. Other possible applications could be to broadcast the Thursday Night programs or an event like the annual Variety Show. We are also now able to record these programs for later playback on Channel 21, if desired.

Worship services in the Chapel are now available in real time on Channel 21, and services can be recorded. Memorial services can be broadcast, depending upon family wishes, and it is possible for memorial services in the Chapel to be transmitted to The Abbey for private viewing by over-flow attendees without broadcasting on 21.

June Hess

Westbury World

Published and distributed by

Shenandoah Valley Westminster-Canterbury

300 Westminster-Canterbury Drive

Winchester, VA 22603 - - - - - www.svwc.org

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SVWC Library Notes

One of the lesser-used book categories in the library is *Social Issues*. It consists of books that deal with issues of today in the fields of ecology, justice, government, international relations, etc.

One that defines the category is Al Gore's controversial book: *An Inconvenient Truth*, which won Gore a Nobel prize, and cast the Nobel committee in its own controversial light. Another is *Palestine, Peace not Apartheid*, by Jimmy Carter, which placed Carter on the list of anti-Semites in many minds.

Others include *Reading Lolita in Tehran*, by Azar Nafisi; *Nine Parts of Desire: The Hidden World of Islamic Women*, by Geraldine Brooks; and *Princess: A True Story of Life Behind the Veil in Saudi Arabia*, by Jean Sassoon, all of which deal with some of the more negative aspects, in American eyes, of Islamic life. And then there are those that bear directly on our own lives, *The Bill of Rights, The Courts, and The Law*, by A.E. Dick Howard and associates; *Collapse: How Societies Choose to Fail or Succeed*, by Jared Diamond; and *Rethinking America*, by Hedrick Smith.

One that deals with a burning question of today is *The End of Faith: Religion, Terror, and the Future of Reason*, by Sam Harris, who has both philosophy and neuroscience degrees (an interesting background for the subject (although a divinity degree might have given him a better perspective on religion as a study in itself). He points out that in the presence of weapons of mass destruction we cannot expect to survive our religious differences indefinitely. The question is: what do we do now?

Then, to lighten the atmosphere, there is *We are our Mother's Daughters*, by Cokie Roberts; and *What Would Jefferson Say?* by Garrett Sheldon. Not sure what the question is, but you can make up your own and then struggle with it as you try to sleep at night!

Warner Eliot

Thursday Night Programs

Thursday night programs start at 7:30 p.m. No program is scheduled for April 1, Maundy Thursday.

April 8. The Abbey. **Mike Foreman** will give us his insight on Winchester, the hometown of Patsy Cline and her contested legacy. Fact or fiction?

April 15. The Commons. **The Arts Academy Chorale** is comprised of 55-60 singers who just plain love to sing good music. Since the Fall of 2001, these voices of all ages and residents of many surrounding counties come together to provide stage-worthy performances of the highest caliber. Aably conducted by Shenandoah University graduate **Michael Main** and accompanied by retired James Madison University professor and organist **Dr. Richard McPherson**. Selections will be from West Side Story, other show pieces.

April 22. The Commons. **Patty Austin**, Director of the Blue Ridge Choristers and Top of Virginia Youth Choir of Shenandoah Conservatory Arts Academy, will present a program by the youth singers. Patty is resident Ted Austin's daughter-in-law.

No program on April 29 —Apple Blossom.



Our New Neighbors

Four new residents joined our community during the month of March.

Mr. and Mrs. Joseph Reiff, formerly of Berryville, VA, moved into 108 Cottage Drive.

Mrs. Ann Mills moved into Apartment 327 Winchester Hall. She came here from Middletown, VA.

Mrs. Catherine Gladden, formerly of Belle Haven, VA, moved into Apartment 214, Shenandoah Hall.



Lobby Display of Fine China

As a young mother, I loved having neighbors scoop up their kids and drop by for a visit. While children were happily settling in, I would make a pot of coffee or tea. My friends and I solved a good many problems over those cups of brew. Nice memories!



Photo by Dave Greene

Such memories for **Dot Vantine** are refreshed each time she picks up one of the exquisite china cups and saucers she has been given by friends and family over the years.

The snapshots and photos in her apartment revealed how important family and friends are, still. Some of them have been sheltering part of Dot's collection since she and Don moved from their cottage to Shenandoah Hall. In early March, however, Dot recalled some of her loans to mount the Friendship Cup exhibit now in the lobby display case.

Dot picked up a cup. "This was brought back from Canada by my pastor (*who, it turns out, was quite a matchmaker*). When we moved here in 2004 I had 75 sets. The first few were given by friends when my first husband, Doyle Innis, and I moved from Seattle."

It is not difficult to envision such a "people person" as Dot being the County Registrar she was for so many years; or an enthusiastic cheerleader for a family of innovators and achievers; or an interested explorer of hidden shelters under the Crazy Horse Monument; or an involved observer at the 1970 Passion Play.

Dot's exhibit closes on April 12 when Claudia Martin's Russian Lacquers are to be featured.

June Hess

SPRINGing Into Spring

Spring Clean-Up Day

Now that Spring has finally sprung and the blizzards of 2010 are distant memories, we are looking ahead to the warm days of April and the Spring flowers. On Friday, April 9 we are planning the first annual *SVWC Spring Clean-Up Fling*. Volunteer residents and staff will be working around campus that Friday to help get the grounds in tiptop shape. **Lenda Dart** will compile a list of the tasks such as picking up litter, cleaning and raking certain areas, planting flowers, etc. This will be a fun event to get everyone outside and working together. Lunch will be served to all the workers. A volunteer sign-up sheets is posted on the resident bulletin board in the Vitality Center.

Work in Progress

During this month, renovation of the existing Clinic space and the main entrance to Lawrence Hall will begin. The Clinic will be remodeled to create an additional examination room and a dental office. During the renovation period, the Clinic will be temporarily moved to the first floor of Wapacomo Hall in Apartments 181 and 183. Please call Ext. 929 to schedule appointments.

In an attempt to minimize the amount of warm and cold air that enters the main lobby of Lawrence Hall, and to maintain a warm and welcoming environment, the entrance will undergo some changes. The area between the glass doors will be extended by about 12 feet to create more interior space. In an effort to create a more appealing, neat and orderly front entrance, a separate area will be created for a coat rack and to temporarily store assistive devices.

We thank you in advance for your patience during this disruption. Please use caution while these areas are being remodeled.

Apple Blossom Walk

SVWC will host the annual Apple Blossom Breakfast Walk on Thursday, April 29. The theme of this year's Apple Blossom festivities is "Do You Believe in Magic?" Staff is busy planning for this fun event, and as always there will be many interesting characters around campus on the morning of

See **SPRINGing**, page 5, column 2

Resale Shop Continues Valuable Work

The Resale Shop always needs donations, and residents can support it by remembering to both buy and give. Knowing all proceeds from donated items pass to the Fellowship Fund can provide an incentive to clear out a closet or cupboard. This is a win-win situation. Last fall, it was reported that over the years the shop had donated over \$100,000 to the Fellowship Fund. The shop's proceeds in 2009 nearly reached the goal of \$10,000, and the volunteers hope to substantially surpass it this year.

In years past, there was donated space that permitted furniture to be accepted. Now, while space for the shop itself has been enlarged, its limited size indirectly impacts the total amount the shop realizes. A constantly-revolving inventory is essential as new items arrive. Resale volunteers welcome the opportunity to organize in-house moving and estate sales because these proceeds can be substantial.

Donations to the shop are always varied, ranging from fine china like Spode, Wedgwood, and Royal Copenhagen to radios and linens. Good clothing sells well; silver and gold jewelry is popular, as is crystal and artwork. A once-inventoried mink coat could probably have been sold several times this past winter.

"Interaction with customers on Mondays makes openings seem like a social event, and our job a lot easier," chair Bettye Martenson, stated. Current volunteers who might greet you in the shop are **Helen Bird, Carol Comisarow, Mary Jones, Ron Masters, Barbara Polen, Barbara Pritchard, Shirley Reaves, and Terry Yoder.** (Clyde Pressley, though not part of the sales staff, is a special on-call volunteer, as well.)

Remember folks that the SVWC Resale Shop is the perfect recipient of items on their "**Whatever-Shall-I-Do-With-THIS**" list. And—don't forget to put a Resale Shop visit, between 11:00 a.m. and 1:00 p.m. on the calendar for the first and third Mondays of each month.

June Hess

SPRINGing from page 4

the walk. To participate in the walk, you must register with the Apple Blossom festival headquarters. Each registered walker will receive a T-shirt and a delicious buffet breakfast. Following the walk, the Queen will make her first formal public appearance. With approximately 300 guests participating in the walk, we ask for your patience with parking and other logistical details the morning of the walk.

Clavinovas: The Chapel Has One As Does The Commons

For many, music in worship is an emotional essential. Worshipers in our new Chapel are no exception. Through the largess of a generous donor, a Clavinova can now provide, through the miracle of Yamaha's electronics, a variety of musical "acoustic" sounds during Chapel services. Organ, flutes, piano, harpsichord, harmonica, accordion, and even drum rhythms are but a few of the options. Musically creative opportunities are endless. Important to the average worshiper is that an impossibly keyed hymn can be keyed down into a singable range. And—a Clavinova doesn't have to be tuned.

The talented group of musicians providing leadership in SVWC worship services for a number of years is energetically mastering the Clavinova's features. Through a series of hands-on classes organized and led by **Charlotte Collins, pianists Barbara Polen, Bob Nay, Joan Peterson, and Marcia Winfield** are gradually integrating available features into their music. The process is sure to be ongoing.

A second Clavinova has been donated for use in the Commons. Between them, instrumental possibilities at SVWC have been enhanced beyond measure.

Listening ears be alert. Let the musicians know how much their major volunteer efforts are valued.

June Hess

From the President's Desk



Jeannie Shiley
President/CEO

I am very excited to announce the formal kick-off of our *Fellowship Fund 2015 Campaign*. It is the goal of the Development Committee to raise \$2 million for the Fellowship Fund over the next five years. Many of you may be thinking, "That is a lot of money to raise, and why is the Fellowship Fund so important to

SVWC?" This month I will answer that question and hopefully get you thinking about true "community spirit," where neighbors help neighbors in need.

Two million dollars is indeed a great deal of money. The amount of fellowship assistance that is needed varies from year to year, but forecasts estimate that the need for fellowship assistance will double over the next few years. In order to accommodate and plan for this increase in support, we must increase the principal amount of the Fellowship Fund so that the income generated from the principal will be available to provide fellowship assistance when necessary.

Why is the Fellowship Fund so important? Establishing a Fellowship Fund was a requirement of the Presbyterian and Episcopal Churches in the early planning stages of all Westminster-Canterburys. The purpose of this fund is two-fold: to provide confidential financial assistance to those residents who become unable to meet maintenance fees and other costs and, if funds are available, to provide a portion of the entrance fee and/or maintenance fee for applicants who otherwise would not qualify to enter our community. The Fellowship Fund is supported through proceeds from the annual Fellowship Fund appeal, special events (planned by the Fellowship Committee for Special Events), the Resale Shop, the Bistro Concert Series, and other forms of giving such as charitable gift annuities, bequests, donations of real estate, life

insurance, stock, or other such charitable donations.

Education will be a critical part of the Fellowship fundraising campaign. This will be achieved through one-on-one meetings with prospective donors, small group meetings, and discussions at Coffee with Administration, the development newsletter, *The Westbury Legacy* and, of course, *Westbury World* will also include articles about the fund's purpose, how it supports our special community, and the importance of increasing this fund.

The Development Committee recently established The Fellowship Society to honor donors who contribute \$1,000 or more to the Fellowship Fund in any given year. Donors who contribute at this level or above will receive a Fellowship Society lapel pin. This small token allows us to acknowledge and thank those who give so generously to support this very important cause.

If you have any questions about the campaign or the Fellowship Fund in general, please contact me at 665-5935 or Louisa Frederiksen, Director of Development and Community Relations at 665-5923. Thank you in advance for your generosity and support of this important campaign for *our* community.



HEALTHY COOKING DEMO

Executive Chef **Josh Chandler** and Cook **Frances Willingham** represented SVWC at the 20th Annual Community Wellness Festival at the Apple Blossom Mall on Saturday, February 27.

As in the "Chef Stage Center" demonstrations held in the Bistro each month, the audience got to taste what Josh prepared - Chicken and Pineapple Saté with a Red Pepper Sauce and Ambrosia Fruit Salad with a Lemon Grass and Honey Yogurt dressing.





Spring comes to Westminster-Canterbury—Winter begrudgingly resists.

This photo by **Peggy Jackson**, with snow in the background and blooming Snow Drops in the foreground, attests to Spring's victory.



Sue McKenzie popped out of her office to photograph the new bus when it arrived in late March—all bright and shiny.

Residents will enjoy this new ride, but the drivers, especially, will be happy to get away from the problem-prone former vehicle.

Around the Campus

Chapel: April Services and Study

Maundy Thursday Communion Service
4:00 p.m. April 1.

Good Friday Service 4:00 p.m. April 2.

Easter Sunday Service 4:00 p.m. April 4.

New study series *Companions in Christ: The Way of Grace.* Tuesdays 10:15 to 11:45 a.m. beginning April 6 for 10 weeks

SVWC Veterans' Group

The following members were elected for the year 2010 at their annual Business Meeting in March.

John Claybrook	President
Bill Mills	Vice President
Matt Baig	Secretary
Carlyle MacDonald	Chaplain
Leon Sanchez	Sergeant-at-Arms
Bob Riggs	Counselor

Following the business meeting, Col. Ronald M. Light, Commander of the U. S. Army Corps of Engineers, Middle East District with headquarters in Winchester, described his operations in Iraq and Afghanistan. His group of more than 400 personnel have been responsible for management of a variety of infrastructure projects including bridges, roads, electrical systems, power plants, water systems, sewage treatment, schools, hospitals, barracks, administration buildings, airport support facilities, as well as supervision of subcontractors.

The audience was reminded of the high cost for personnel security in both countries as Col. Light described the use of well-armed contract security teams who accompany Corps contract personnel when outside secure areas.

THE MUSIC BOX

The **SVWC Music Club** will present its next program on Friday, April 9 at 3:00 p.m. in the Apple Blossom Room. The program will feature the **Shenandoah University Clarinet Choir** under the direction of **Garrick Zoeter**. They will perform works by Waterson, Francaix, Brazilian composers, and Gershwin's *An American in Paris*.

Come enjoy the music with refreshments following.

CHAPLAIN'S

O Recently, when the weather started to warm up, I was walking through my yard for the first time since the snow melted. It felt a bit surreal as I looked around. I realized that winter had been a challenging time for me. **R** Not only was this the most snow, by far, that I have ever experienced, but it was as if during the first big storm in December I had entered into a tunnel and with the snow gone and the weather warming I was emerging from that tunnel. **N** **E** **R**

Life has its challenges and they come in many forms. These challenges can raise many questions for us. In the March 2010 issue of the *AARP Magazine* there is an interesting article by Jim Wallis (President and CEO of Sojourners, a Christian social justice organization). He raises an interesting thought about how we face challenges. What Wallis suggests is that the right question we need to ask is, "How will this crisis change us?" rather than focusing on things like when it will end.

If Wallis is correct, and I believe that he is, then what does this mean as we face life's challenges? Let me suggest that this refocusing of our questioning opens the doors for learning and growth in many areas of life. Looking at how a crisis or challenge can change us can cause us to evaluate ourselves, our choices, our priorities, etc. This honest look at ourselves allows us to get our values in order and our priorities adjusted.

What challenges are you facing today? Let me encourage you to face whatever it is with a willingness to ask the right questions. Let that challenge be an opportunity for growth. Don't let yourself face that challenge alone. You may have a friend or family member who faced a similar situation, what can you learn from them? If Elizabeth or I can help you process those questions, please call on us. Above all, remember that you have a God that loves and cares for you. Prayer and meditation are great gifts that allow us to get centered on God as our source of wisdom, guidance, and comfort.

Larry Lawhon

Westbury  World

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